

GOOD FORTUNE WRIST WARMERS

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Pattern written for 6" length and 8" hand circumference. To change length or size, see **SIZING NOTES**. Techniques include provisional cast on, short row shaping using Shadow Wraps, and choice of 3-Needle Bind Off or Kitchener Stitch grafting. For more information, see **TECHNIQUE RESOURCES**.

Gauge

5.5 sts and 8 rows = 1" (after washing) / 5 sts and 7 rows = 1" (before washing)

Materials

Approx. 25g Arranmore Light from The Fibre Co. (328 yds/100g) or 82 yds similar sport/DK weight yarn

US 5 (3.75mm) needles

3 locking stitch markers (must be recognizably different from one another)

2 spare US 5 (3.75mm) needles (for 3-Needle Bind Off)

Darning needle

Abbreviations

K	knit	RS	right side
K3tog	knit 3 together	sts	stitches
MSW	make shadow wrap	WS	wrong side
P	purl	WSW	work shadow wrap

Shadow Wraps on Wrong (Purl) Side of Work

1. Purl to where you want to turn a short row.
2. Slip next stitch purlwise from left to right needle. Insert left needle tip up through "purl bump" below slipped stitch and purl it. You've made a "shadow stitch" that sits right next to the slipped stitch. Together, they are called a "shadow wrap." Slip both stitches together back to left needle. This is Make Shadow Wrap (MSW).
3. Turn work and knit back.
4. When you purl back to the shadow wrap on the WS and want to close your short row, purl 2 stitches of the shadow wrap together. This is Work Shadow Wrap (WSW).

Note: Do not slip any edge stitches.

PATTERN

With smooth waste yarn and provisional cast on, cast on 35 sts.

With project yarn, begin **Hand Section I**:

Row 1 (RS): K across row.

Row 2 (WS): P across row.

Repeat these 2 rows (knitting on RS and purling on WS) 10 times more, completing a total of 22 rows of stockinette, ending after Row 2 (WS).

Row 23 (RS): K across row. Insert locking stitch marker between last stitch worked and 2nd to last stitch, lock around base of last stitch, enclosing both legs of the stitch. This is marker #1; remember which one it is. You should still be able to work into stitch on next row.

Row 24 (WS): P across row. Place another locking stitch marker (marker #2) around base of the first stitch worked in Row 24, directly above marker #1.

Row 25 (RS): K across row. Place final stitch marker (marker #3) around base of last stitch worked.

Begin **Short Row Thumb Section**:

(WS): P5, MSW, turn and K back 5 sts.

(WS): P10 (WSW at 6th st), MSW, turn and K back 10 sts.

(WS): P15 (WSW at 11th st), MSW, turn and K back 15 sts.

(WS): P20 (WSW at 16th st), MSW, turn and K back 20 sts.

Next row: P across row (WSW at 21st st).

Next row: K across row.

(WS): P20, MSW, turn and K back 20 sts.

(WS): P15, MSW, turn and K back 15 sts.

(WS): P10, MSW, turn and K back 10 sts.

(WS): P5: MSW, turn and K back 5 sts.

Next row: P across row, WSW as you encounter them at 6th, 11th, 16th, and 21st sts.

Next row: K across to last 3 sts, leaving them on left needle tip. Fold work in half with wrong sides together. Marker #1 should be to the right of the other two markers. Using marker #1 to pull edge stitch from Row 23 up, place both strands of marked edge stitch on left needle tip and knit them together with next unworked stitch in row as K3tog. Repeat with marker #2, knitting pulled up edge stitch with unworked stitch that is one from the end of the row, then marker #3's edge stitch with the last unworked stitch at the end of the row. 35 sts.

Begin **Hand Section II**:

Row 1 (WS): P across row.

Row 2 (RS): K across row.

Repeat these 2 rows (purling on WS and knitting on RS) 11 times more, completing a total of 24 rows in stockinette, ending after Row 2 (RS).

With first spare needle, pick up 35 sts from provisional cast on. Be sure all stitches are mounted correctly on the needle, right leg of each stitch in the front.

Join using one of the following two methods:

3-Needle Bind Off: Fold work in half with right (knit) sides together. The 2 needles holding live stitches should be parallel and points of the needles facing to the right. There should be the same number of stitches on each needle. The needle holding the last row worked should be in the front. The working yarn should come from the stitch at the right end of that needle. The needle holding the picked-up cast on stitches should be in the back. With second spare needle, join and bind off all sts with 3-Needle Bind Off.

Kitchener Stitch: Fold work in half with wrong (purl) sides together. The 2 needles holding live stitches should be parallel and points of the needles facing to the right. There should be the same number of stitches on each needle. The yarn tail should come from the stitch at the right end of the needle in the back. Thread yarn tail into darning needle and join with Kitchener Stitch. Weave in ends. Make 2nd wrist warmer. Enjoy your Good Fortune!

TECHNIQUE RESOURCES

For **crochet provisional cast on**, see Ysolda Teague's instructions: <http://blog.ysolda.com/ysolda-blog/2014/10/23/technique-thursday-provisional-cast-on>

For **Shadow Wrap Short Rows**, see this Cocoknits tutorial: <http://cocoknits.com/tips-and-tutorials/techniques/how-to-knit-shadow-wrap-short-rows/> Follow instructions for the wrong side.

For **3-Needle Bind Off**, see Theresa Stenersen's *Knitty* article: <http://www.knitty.com/ISSUEfall06/FEATfall06TT.html>

For **Kitchener Stitch**, see this "Techniques with Theresa" article: <http://www.knitty.com/ISSUEsummer04/FEATtheresasum04.html>

SIZING NOTES

Casting on more or fewer stitches will result in a longer or shorter cuff. Pattern sized for **Adult Medium** (8" hand circumference).

For **Adult Small** (7.5" hand circumference), work 9 repeats of Rows 1 & 2 (not 10) in Hand Section I, completing a total of 20 rows (not 22) of stockinette AND work 10 repeats of Rows 1 & 2 (not 11) in Hand Section II, completing a total of 22 rows (not 24) of stockinette.

For **Adult Large** (8.5" hand circumference), work 11 repeats of Rows 1 & 2 (not 10) in Hand Section I, completing a total of 24 rows (not 22) of stockinette AND work 12 repeats of Rows 1 & 2 (not 11) in Hand Section II, completing a total of 26 rows (not 24) of stockinette.